

HOME OF THE DIAMONDBACKS



UMHS ATHLETICS

Many sports offered
throughout the year.



**Pre-Register online for
UMHS sports.**

www.athleticclearance.com

www.umhs.eduhsd.k12.ca.us

Fall Sports

- Cross Country
- Football
- Volleyball-*Girls*
- Golf-*Girls*
- Cheer - *Sideline*

Winter Sports

- Basketball-*Girls*
- Basketball-*Boys*
- Wrestling
- Cheer - *Traditional*
- Ski/Snowboard
- Soccer-*Boys*
- Soccer-*Girls*

Spring Sports

- Baseball
- Softball
- Tennis
- Cheer - *Stunt*
- Volleyball-*Boys*
- Golf-*Boys*
- Swimming
- Track & Field